
Highfield Level 3 Award in Understanding Mental Health in the Workplace for Managers (RQF)

QUALIFICATION NUMBER: 603/5166/4

WHO REQUIRES THIS QUALIFICATION?

The objective of this qualification is to support a role in the workplace and/or to give learners personal growth and engagement in learning, specifically in relation to understanding mental health in the workplace, how mental ill health may affect employees and how managers can support employees.

WHY A HIGHFIELD QUALIFICATION?

Highfield is the leading provider of regulated compliance qualifications in the UK, certificating over 350,000 learners a year.

We're extremely proud to be a Highfield-approved centre and offer industry-recognised qualifications that will enhance learners' career prospects.

WHAT NEXT?

On successful completion of this qualification, learners may wish to undertake a Highfield Level 3 qualification in Management.

COURSE DATES

BOOK NOW



MENTAL HEALTH FACT SHEET



QUALIFICATION TIME IS 15
HOURS, RECOMMENDED 10
GLH



ASSESSED BY MULTIPLE-CHOICE
EXAMINATION

REGULATED BY:

OFQUAL

CCEA

QUALIFICATIONS WALES

WHAT DOES THE QUALIFICATION COVER?

Topics include:

- Principles of mental health
- Mental ill health in self and others
- Mental wellbeing in the workplace
- Mental health conversations in the workplace
- Supporting employees in relation to their mental health
- Managing own wellbeing

WHERE CAN THIS COURSE BE TAKEN?

This qualification can be taken through any Highfield training centre.



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Approved Highfield Centre